



Privacy Policy

Harmony Roots Therapy, PLLC

Effective Date: 01/01/2026

Harmony Roots Therapy, PLLC (“we,” “our,” or “this practice”) is committed to protecting your privacy and respecting your trust. This **Privacy Policy** explains how information is collected, used, and protected when you visit our website or contact us through non-clinical channels.

Please note: This policy applies to **website visitors and inquiries only**. If you become a client, you will receive a separate **HIPAA Notice of Privacy Practices** outlining how protected health information is handled during therapy services.

Information We Collect

We may collect limited personal information when you:

- Submit a contact or inquiry form
- Email us directly
- Schedule a consultation
- Browse our website



This information may include your name, email address, phone number, and general inquiry details. Please **do not include sensitive clinical or personal health information** in website forms or emails.

How Your Information Is Used

Information collected through this website may be used to:

- Respond to inquiries or requests for information
- Provide scheduling or service-related responses
- Improve website functionality and user experience
- Maintain basic administrative and communication records

We do not sell, rent, or share your personal information for marketing purposes.

Cookies and Website Analytics

This website may use cookies or third-party analytics tools (such as Google Analytics) to understand general website traffic and usage patterns. These tools collect **non-identifying information** such as browser type, pages visited, and time spent on the site.

You may disable cookies through your browser settings if you prefer.

Email and Electronic Communication



Email and website contact forms are **not secure methods** of communication. While reasonable precautions are taken to protect your information, confidentiality cannot be guaranteed through electronic communication prior to becoming a client.

If you become a client, secure communication will occur through our HIPAA-compliant client portal.

Third-Party Services

This website may link to external sites or platforms (such as scheduling tools or professional directories). Harmony Roots Therapy, PLLC is not responsible for the privacy practices of those external sites.

Your Rights

You may request to:

- Review or update your personal information
- Withdraw consent for future communication
- Ask questions about how your information is handled

Requests can be made by contacting us directly using the information below.

Changes to This Policy



This Privacy Policy may be updated as practices, technology, or legal requirements change. The most current version will always be available on this website.

Contact Information

Harmony Roots Therapy, PLLC

Memphis, Tennessee, USA

harmonyrootscollective@gmail.com